



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series
7:30-8:15p

Private Lessons
by Appointment

JR Latin 5:15-6p

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Kinder
Ballet/Jazz
4:30-5:05pm

MTBDC
Technique
6-8pm

Private Lessons
by Appointment

JR Hip Hop
5:15p-6p

JR Ballet/Jazz
6-6:45p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Dance Party
Social 8:15-9p

Private Lessons
by Appointment

*Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
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Hours of Operation
Monday – Saturday by Appointment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate Advanced Bachata begins August 31st Beginner Intermediate Salsa begins the 1st Fall Youth Dance Classes begin the week of the 1st		1 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	2 Kinder 4:30-5:05p JR Tap 5:15-6p Audition Workshop 6-6:45p	3 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	4 Studio Closed Lessons by Appointment	5
6	7 Intermediate/Advanced Bachata 7:30-8:15p	8 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	9 Kinder 4:30-5:05p Audition #2 6:45-7:45p DANCE AUDITIONS	10 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	11 Cumbia Group Class 7:30-8:15p Latin Dance Social 8:15-9p	12
13	14 Intermediate/Advanced Bachata 7:30-8:15p	15 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	16 Kinder 4:30-5:05p Competitive Company Parent Meeting 6-8p	17 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	18 Waltz Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	19 MTBDC Rehearsals
20	21 Intermediate/Advanced Bachata 7:30-8:15p	22 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	23 Kinder 4:30-5:05p Competitive Technique 6-8p	24 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p	25 Studio Closed Lessons by Appointment	26 MTBDC Rehearsals
27	28 Studio Closed Lessons by Appointment	29 JR Latin 5:15-6p	30 Kinder 4:30-5:05p Competitive Technique 6-8p	Adult Hip Hop begins Thursday the 3 rd at 6:45p MTBDC Audition #2 is Wednesday the 9 th at 6:45p MTBDC Parent Meeting Wednesday the 16 th at 6p MTBDC Rehearsals begin Saturday the 19 th Studio Closed 9/4, 9/25 & 9/28 (lessons by appointment)		

*Adult Series Group Dance Classes

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*Youth Group Dance Classes

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October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate/Advanced Salsa Series begins Monday the 5 th 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 6 th 7:30pm Adult Hip Hop Series begins Thursday the 8 th at 6:45pm Flirty Followers Formation begins Monday the 26 th at 8:15pm Studio Formation begins Thursday the 29 th at 8:15pm Halloween Dance Party Friday the 30 th 7:30-9pm				1 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	2 Swing Group Class 7:30-8:15p Variety Dance Social 8:15-9p	3 MTBDC Rehearsals
4	5 Intermediate/Advanced Salsa 7:30-8:15p	6 JR Latin 5:15-6 Beginner/Intermediate Bachata 7:30-8:15p	7 Kinder 4:30-5:05p Competitive Technique 6-8p	8 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	9 Salsa Group Class 7:30-8:15p Latin Dance Social 8:15-9p	10 MTBDC Rehearsals
11	12 Intermediate/Advanced Salsa 7:30-8:15p	13 JR Latin 5:15-6 Beginner/Intermediate Bachata 7:30-8:15p	14 Kinder 4:30-5:05p Competitive Technique 6-8p	15 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Hip Hop Series 6:45-7:30p	16 Tango Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	17 MTBDC Rehearsals
18	19 Private Lessons Available	20 JR Latin 5:15-6	21 Kinder 4:30-5:05p Competitive Technique 6-8p	22 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p	23 Private Lessons Available	24 MTBDC Rehearsals
25	26 Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p Mondays 8:15-9PM	27 JR Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p	28 Kinder 4:30-5:05p Competitive Technique 6-8p	29 Rehearsal Dates 10/15 12/10 JR Hip Hop 5:15-6p JR Ballet/Jazz 6-6:45p Adult HH 6:45-7:30p Formation 8:15-9p	30 Halloween Dance Party 7:30-9p	31

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