



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series
7:30-8:15p

Private Lessons
by Appointment

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Kinder Ballet/Jazz
4:30-5:05pm

JR Ballet/Jazz
5:15-6p

Contemporary
6-6:45p

Leaps & Turns
6:4-7:30p

Tap 7:30-8:15p

Private Lessons
by Appointment

Youth Hip Hop
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Dance Party
Social 8:15-9p

Private Lessons
by Appointment

*Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
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Hours of Operation
Monday – Saturday by Appointment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate/Advanced Salsa Series begins Monday the 3 rd at 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 4 th at 7:30pm Adult Hip Hop Series begins Thursday the 6 th at 6:45pm Belly Dancing & Bubbly is Saturday the 15 th at 6:30pm			Youth Competitive Dance Workshop is Wednesday the 26 th at 6pm Youth Competitive Dance Company Audition #1 is Wednesday the 26 th at 6:45pm Dancing Through the Decades Group Class & Dance Party is Friday the 28 th at 7:30pm Intermediate/Advanced Bachata begins Monday the 31 st at 7:30pm			1
2	3 Intermediate/Advanced Salsa 7:30-8:15p	4 Beginner/Intermediate Bachata 7:30-8:15p	5 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	6 JR Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	7 Hustle Group Class 7:30-8:15p Variety Dance Social 8:15-9p	8
9	10 Intermediate/Advanced Salsa 7:30-8:15p	11 Beginner/Intermediate Bachata 7:30-8:15p	12 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	13 JR Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	14 Salsa Group Class 7:30-8:15p Latin Dance Social 8:15-9p	15 Belly Dancing & Bubbly 6:30-8:30p August 15, 2026 6:30-8:30pm
16	17 Intermediate/Advanced Salsa 7:30-8:15p	18 Beginner/Intermediate Bachata 7:30-8:15p	19 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	20 JR Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	21 Foxtrot Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	22
23 30	24 Intermediate/Advanced Salsa 7:30-8:15p 31	25 Beginner/Intermediate Bachata 7:30-8:15p	26 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Audition Workshop 6-6:45p Audition #1 6:45-7:45pm	27 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	28 Dancing Through the Decades Group Class & Dance Party 7:30-9pm	29

*Adult Series Group Dance Classes

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*Youth Group Dance Classes

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*Drop-In Group Dance Classes

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate Advanced Bachata begins August 31st Beginner Intermediate Salsa begins the 1st Fall Youth Dance Classes begin the week of the 1st		1 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	2 Kinder 4:30-5:15p JR Tap 6-6:45p Audition Workshop 6-6:45p	3 JR Hip Hop 5:15-6p JR Ballet/Jazz 5:15-6p Hip Hop Series 6:45-7:30p	4 Studio Closed Lessons by Appointment	5
6	7 Intermediate/Advanced Bachata 7:30-8:15p	8 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	9 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Audition #2 6:45-7:45p DANCE AUDITIONS	10 JR Hip Hop 5:15-6p JR Ballet/Jazz 5:15-6p Hip Hop Series 6:45-7:30p	11 Cumbia Group Class 7:30-8:15p Latin Dance Social 8:15-9p	12
13	14 Intermediate/Advanced Bachata 7:30-8:15p	15 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	16 Kinder 4:30-5:15p JR Tap 6-6:45p Competitive Company Parent Meeting 6-8p	17 JR Hip Hop 5:15-6p JR Ballet/Jazz 5:15-6p Hip Hop Series 6:45-7:30p	18 Waltz Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	19 MTBDC Rehearsals
20	21 Intermediate/Advanced Bachata 7:30-8:15p	22 JR Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	23 Kinder 4:30-5:15p JR Tap 6-6:45p Competitive Technique 6-8p	24 JR Hip Hop 5:15-6p JR Ballet/Jazz 5:15-6p	25 Studio Closed Lessons by Appointment	26 MTBDC Rehearsals
27	28 Studio Closed Lessons by Appointment	29 JR Latin 5:15-6p	30 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Competitive Technique 6-8p	Adult Hip Hop begins Thursday the 3 rd at 6:45p MTBDC Audition #2 is Wednesday the 9 th at 6:45p MTBDC Parent Meeting Wednesday the 16 th at 6p MTBDC Rehearsals begin Saturday the 19 th Studio Closed 9/4, 9/25 & 9/28 (lessons by appointment)		

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