



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series
7:30-8:15p

Private Lessons
by Appointment

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Toddler & Me (bi-
weekly) 10-10:45am

Kinder Ballet/Jazz
4:30-5:05pm

JR Ballet/Jazz
5:15-6p

Contemporary
6-6:45pm

Leaps & Turns
6:4-7:30pm

Tap 7:30-8:15pm

Private Lessons
by Appointment

Youth Hip Hop
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Dance Party
Social 8:15-9pm

Private Lessons
by Appointment

*Registered Group Dance Classes

*Drop-In Group Dance Classes



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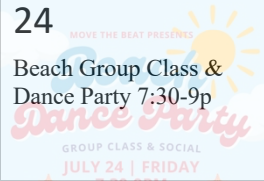
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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
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Hours of Operation
Monday – Saturday by Appointment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Toddler & Me July 1 st , 15 th & 29 th at 10am ***4 th of July Parade 10am*** Intermediate/Advanced Bachata begins Monday the 6 th at 7:30pm Beginner/Intermediate Salsa begins Tuesday the 7 th at 7:30pm JR Contemporary, Leaps & Turns, and Tap dance begins Wednesday the 8 th Adult Hip-Hop Series begins Thursday the 9 th at 6:45pm *Youth Summer Session II begins the week of July 21 st			1 Toddler & Me 10a Kinder 4:30-5:15p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	2 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	3 Lessons by Appointment Only	4  4 th of July Parade 10am
5	6 Intermediate/Advanced Bachata 7:30-8:15p	7 Beginner/Intermediate Salsa 7:30-8:15p	8 Kinder 4:30-5:15p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	9 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	10 Cha Cha Group Class 7:30-8:15p Latin Dance Social 8:15-9p	11
12	13 Intermediate/Advanced Bachata 7:30-8:15p	14 Beginner/Intermediate Salsa 7:30-8:15p	15 Toddler & Me 10a Kinder 4:30-5:15p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	16 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	17 Tango Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	18
19	20 Intermediate/Advanced Bachata 7:30-8:15p	21 *JR I/II Latin 5:15-6 Beginner/Intermediate Salsa 7:30-8:15p	22 *Kinder 4:30-5:15p *JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	23 *JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	24  Beach Group Class & Dance Party 7:30-9p GROUP CLASS & SOCIAL JULY 24 FRIDAY	25
26	27 Intermediate/Advanced Bachata 7:30-8:15p	28 JR Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	29 Toddler & Me 10a Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	30 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	31 Hustle Group Class 7:30-8:15p	

*Adult Series Group Dance Classes

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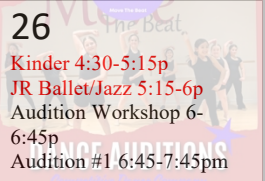
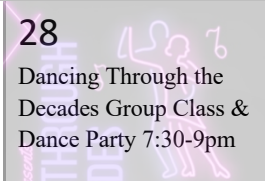
*Youth Group Dance Classes

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*Drop-In Group Dance Classes

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Hours of Operation
 Monday – Saturday by Appointment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate/Advanced Salsa Series begins Monday the 3 rd at 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 4 th at 7:30pm Toddler & Me is Wednesday the 5 th & 19 th at 10am Adult Hip Hop Series begins Thursday the 6 th at 6:45pm						Belly Dancing & Bubbly is Saturday the 15 th at 6:30pm Youth Competitive Dance Workshop is Wednesday the 26 th at 6pm Youth Competitive Dance Company Audition #1 is Wednesday the 26 th at 6:45pm Dancing Through the Decades Group Class & Dance Party is Friday the 28 th at 7:30pm
2	 3 Intermediate/Advanced Salsa 7:30-8:15p	 4 Beginner/Intermediate Bachata 7:30-8:15p	5 Toddler & Me 10a Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	 6 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	7 Hustle Group Class 7:30-8:15p Variety Dance Social 8:15-9p	8
9	10 Intermediate/Advanced Salsa 7:30-8:15p	11 JR I/II Latin 5:15-6 Beginner/Intermediate Bachata 7:30-8:15p	12 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	13 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	14 Salsa Group Class 7:30-8:15p Latin Dance Social 8:15-9p	 15 Belly Dancing & Bubbly 6:30-8:30p August 15, 2026 6:30-8:30pm
16	17 Intermediate/Advanced Salsa 7:30-8:15p	18 JR I/II Latin 5:15-6 Beginner/Intermediate Bachata 7:30-8:15p	19 Toddler & Me 10a Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p JR Contemporary 6-6:45p JR Leaps/Turns 6:45-7:30p JR Tap 7:30-8:15p	20 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	21 Foxtrot Group Class 7:30-8:15p Ballroom Dance Social 8:15-9p	22
23 30	24 Intermediate/Advanced Salsa 7:30-8:15p 31	25 JR Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p	 26 Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Audition Workshop 6-6:45p Audition #1 6:45-7:45pm	27 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	 28 Dancing Through the Decades Group Class & Dance Party 7:30-9pm	29

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