



# Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons  
by Appointment  
  
Intermediate/  
Advanced Latin  
Series  
7:30-8:15p

Private Lessons  
by Appointment  
  
JR I/II Latin  
5:15p-6p  
  
Golden  
Groovers 6-  
6:45p  
  
Beginner/  
Intermediate  
Latin Series  
7:30-8:15p

Private Lessons  
by Appointment  
  
Toddler & Me  
(bi-weekly)  
10-10:45am  
  
Kinder  
Ballet/Jazz 4:30-  
5:05pm  
  
Technique  
6:00-8:00p

Private Lessons  
by Appointment  
  
JR I/II Hip Hop  
5:15p-6p  
  
Adult Hip Hop  
Series  
6:45-7:30p

Private Lessons  
by Appointment  
  
Drop-In Group  
Class  
7:30p-8:15p

Private Lessons  
by Appointment  
  
Competitive  
Team Rehearsals

\*Registered Group Dance Classes

\*Drop-In Group Dance Classes



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Move The Beat  
691 Lee St. Des Plaines, IL 60016  
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Hours of Operation  
Monday – Saturday by Appointment

# Move The Beat

## April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Toddler & Me April 1 <sup>st</sup> , 15 <sup>th</sup> & 29 <sup>th</sup> Intermediate/Advanced Salsa Series begins the 6 <sup>th</sup> at 7:30pm ***BRAND NEW*** Golden Groovers Dance Class begins the 7 <sup>th</sup> at 6pm Beginner/Intermediate Bachata Series begins the 7 <sup>th</sup> at 7:30pm Hip Hop Series begins the 9 <sup>th</sup> at 6:45pm Group Class & Dance Party the 24 <sup>th</sup> 7:30-9pm			<b>1</b> Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	<b>2</b> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	<b>3</b> Group Class Blues 7:30-8:15p Variety Dance Social 8:15-9p	<b>4</b> Rehearsals
<b>5</b>	<b>6</b> Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	<b>7</b> JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	<b>8</b> Kinder 4:30-5:15p Comp Techn. 6-8p	<b>9</b> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	<b>10</b> Group Class Cumbia 7:30-8:15p Latin Dance Social 8:15-9p	<b>11</b> Rehearsals
<b>12</b>	<b>13</b> Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	<b>14</b> JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	<b>15</b> Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	<b>16</b> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	<b>17</b> Group Class Tango 7:30-8:15p. Ballroom Dance Social 8:15-9p	<b>18</b>
<b>19</b>	<b>20</b> Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	<b>21</b> JR I/II Latin 5:15-6 Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	<b>22</b> Kinder 4:30-5:15p Comp Techn. 6-8p	<b>23</b> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	<b>24</b> Neon Dance Party 7:30-9p	<b>25</b> Rehearsals
<b>26</b>	<b>27</b> Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	<b>28</b> JR Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	<b>29</b> Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	<b>30</b> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	***SAVE THE DATE*** Summer Showcase Saturday, May 31 <sup>st</sup> 1-3:30pm	

### \*Adult Series Group Dance Classes


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### \*Youth Group Dance Classes

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### \*Drop-In Group Dance Classes


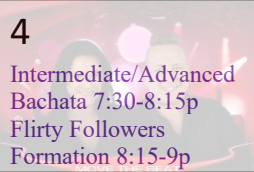


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## May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Intermediate/Advanced Bachata Series begins Monday the 4 <sup>th</sup> Beginner/Intermediate Salsa Series begins Tuesday the 5 <sup>th</sup> Toddler & Me the 6 <sup>th</sup> and 20 <sup>th</sup> at 10:45am Hip Hop Dance Series begins the 7 <sup>th</sup> at 6:45pm			Summer Showcase Rehearsal Friday the 29 <sup>th</sup> 4:30-7pm Summer Showcase Saturday, May 30 <sup>th</sup> 1-3:30pm		1 Group Class- Swing 7:30-8:15p Variety Dance Social 8:15-9p	2
3 	4  Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers Formation 8:15-9p	5  JR I/II Latin 5:15-6p B Golden Groovers 6-6:45 Beginner/Intermediate Salsa 7:30-8:15p	6 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	7  JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45- 7:30p	8 Group Class- Salsa 7:30-8:15p Latin Dance Social 8:15-9p	9 Rehearsals
10	11 Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers Formation 8:15-9p	12 JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Salsa 7:30-8:15p	13 Kinder 4:30-5:15p Comp Techn. 6-8p	14 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45- 7:30p	15 Group Class - Foxtrot 7:30-8:15p Ballroom Dance Social 8:15-9p	16 Rehearsals
17	18 Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers Formation 8:15-9p	19 JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Salsa 7:30-8:15p	20 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	21 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45- 7:30p	22 Group Class- Hustle 7:30-8:15p	23 Rehearsals
24  31	25 Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers Formation 8:15-9p	26 JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Salsa 7:30-8:15p	27 Kinder 4:30-5:15p Comp Techn. 6-8p	28 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45- 7:30p	29 Summer Showcase Rehearsal 4:30-7pm	30 Summer Showcase 1-3:30pm


\*Adult Series Group Dance Classes


\*Youth Group Dance Classes

\*Drop-In Group Dance Classes

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