



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series
7:30-8:15p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Golden
Groovers 6-
6:45p

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Toddler & Me
(bi-weekly)
10-10:45am

Kinder
Ballet/Jazz 4:30-
5:05pm

Technique
6:00-8:00p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Private Lessons
by Appointment

Competitive
Team Rehearsals

*Registered Group Dance Classes

*Drop-In Group Dance Classes



www.MoveTheBeat.com



[/MoveTheBeatChi](https://www.facebook.com/MoveTheBeatChi)



[@MoveTheBeatChi](https://www.tiktok.com/@MoveTheBeatChi)



[/MoveTheBeatChi](https://www.instagram.com/MoveTheBeatChi)

Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Saturday by Appointment

Move The Beat

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2 Intermediate/Advanced Bachata 7:30-8:15p	3 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	4 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	5 <small>WEDNESDAYS 7:30-9:45 PM</small> JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	6 Group Class Foxtrot 7:30-8:15p Variety Dance Social 8:15-9p	7 Rehearsals Chicago Wolves Game Performance 6p	
8	9 Intermediate/Advanced Bachata 7:30-8:15p	10 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	11 Kinder 4:30-5:15p Comp Techn. 6-8p	12 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	13 Group Class Merengue 7:30-8:15p Latin Dance Social 8:15-9p	14 Rehearsals	
15	16 Intermediate/Advanced Bachata 7:30-8:15p	17 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	18 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	19 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	20 Group Class Waltz 7:30-8:15p. Ballroom Dance Social 8:15-9p	21 	
22 	23 Flirty Followers 8:15-9p <small>Monday 8:15-9PM</small>	24	25 Comp Techn. 6-8p	26	27 COUNTRY WESTERN DANCE PARTY Country Western Group Class & Dance Party – 7:30-9p <small>MARCH 27 - 7:30 PM</small>	28 Rehearsals	
29	30 Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers 8:15-9p	31 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	Intermediate/Advanced Bachata begins Monday the 2 nd at 7:30pm Beginner/Intermediate Salsa begins Tuesday the 3 rd at 7:30pm New Adult Hip Hop Series begins Thursday the 5 th at 6:45pm Chicago Wolves Game Performance at Allstate Arena Saturday, March 7 th at 6pm Flirty Followers Formation begins Monday the 23 rd at 8:15pm			Country Western Dance Party Friday the 27 th 7:30p	

*Adult Series Group Dance Classes

 www.MoveTheBeat.com
Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

*Youth Group Dance Classes

 /MoveTheBeatChi

*Drop-In Group Dance Classes

 /MoveTheBeatChi

 /MoveTheBeatChi

Hours of Operation
Monday – Saturday by Appointment

Move The Beat

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Toddler & Me April 1 st , 15 th & 29 th Intermediate/Advanced Salsa Series begins the 6 th at 7:30pm ***BRAND NEW*** Golden Groovers Dance Class begins the 7 th at 6pm Beginner/Intermediate Bachata Series begins the 7 th at 7:30pm Hip Hop Series begins the 9 th at 6:45pm Group Class & Dance Party the 24 th 7:30-9pm			1 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	2 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	3 Group Class Blues 7:30-8:15p Variety Dance Social 8:15-9p	4 Rehearsals
5	6 Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	7 JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	8 Kinder 4:30-5:15p Comp Techn. 6-8p	9 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	10 Group Class Cumbia 7:30-8:15p Latin Dance Social 8:15-9p	11 Rehearsals
12	13 Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	14 JR I/II Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	15 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	16 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	17 Group Class Tango 7:30-8:15p. Ballroom Dance Social 8:15-9p	18
19	20 Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	21 JR I/II Latin 5:15-6 Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	22 Kinder 4:30-5:15p Comp Techn. 6-8p	23 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	24 Neon Dance Party 7:30-9p	25 Rehearsals
26	27 Intermediate/Advanced Salsa 7:30-8:15p Flirty Followers 8:15-9p	28 JR Latin 5:15-6p Golden Groovers 6-6:45 Beginner/Intermediate Bachata 7:30-8:15p	29 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	30 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	***SAVE THE DATE*** Summer Showcase Saturday, May 31 st 1-3:30pm	

*Adult Series Group Dance Classes

 www.MoveTheBeat.com
 Move The Beat
 691 Lee St. Des Plaines, IL 60016
 630.476.9535
 Info@MoveTheBeat.com

*Youth Group Dance Classes

 /MoveTheBeatChi

*Drop-In Group Dance Classes

 /MoveTheBeatChi

 /MoveTheBeatChi

Hours of Operation
 Monday – Saturday by Appointment