

Move

The Beat

Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series

7:30-8:15p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Beginner/
Intermediate
Latin Series

7:30-8:15p

Private Lessons
by Appointment

Toddler & Me
(bi-weekly)
10-10:45am

Kinder
Ballet/Jazz 4:30-
5:05pm

Technique
6:00-8:00p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Adult Hip Hop
Series

6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class

7:30p-8:15p

Private Lessons
by Appointment

Competitive
Team Rehearsals

*Registered Group Dance Classes

*Drop-In Group Dance Classes



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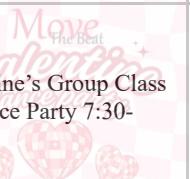
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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Saturday by Appointment

Move The Beat

February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Intermediate/Advanced Salsa 7:30-8:15p 	3 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p 	4 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	5 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p 	6 Variety Group Class – Hustle 7:30-8:15p	7 Rehearsals
8	9 Intermediate/Advanced Salsa 7:30-8:15p	10 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p	11 Kinder 4:30-5:15p Comp Techn. 6-8p	12 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p 	13 Valentine's Group Class & Dance Party 7:30-8:15p 	14 Rehearsals
15	16 Intermediate/Advanced Salsa 7:30-8:15p	17 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p	18 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	19 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p 	20 Variety Group Class – Salsa 7:30-8:15p 	21 
22	23 Intermediate/Advanced Salsa 7:30-8:15p 	24 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15p	25 Kinder 4:30-5:15p Comp Techn. 6-8p	26 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	27 Variety Group Class – Swing 7:30-8:15p	28 Rehearsals
Intermediate/Advanced Salsa Series begins Monday the 2 nd at 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 3 rd at 7:30pm Toddler & Me Dance Classes are 10am on Wednesday the 4 th & 18 th . All Levels Hip Hop Series begins Thursday the 5 th at 6:45pm				Valentine's Group Class & Dance Party is Friday the 13 th at 7:30pm Kid's Artistic Review Dance Competition is the 19 th thru the 22 nd ***Save The Date*** Chicago Wolves Game Dance Performance Saturday, March 7 th at 7pm		

*Adult Series Group Dance Classes

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*Youth Group Dance Classes

 [/MoveTheBeatChi](https://www.tiktok.com/@MoveTheBeatChi)

*Drop-In Group Dance Classes

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Hours of Operation
Monday – Saturday by Appointment

Move The Beat

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Intermediate/Advanced Bachata 7:30-8:15p	3 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	4 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	5 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	6 Group Class Foxtrot 7:30-8:15p Variety Dance Social 8:15-9p	7 Rehearsals Chicago Wolves Game Performance 6p
8	9 Intermediate/Advanced Bachata 7:30-8:15p	10 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	11 Kinder 4:30-5:15p Comp Techn. 6-8p	12 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	13 Group Class Merengue 7:30-8:15p Latin Dance Social 8:15-9p	14 Rehearsals
15	16 Intermediate/Advanced Bachata 7:30-8:15p	17 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	18 Toddler & Me 10a Kinder 4:30-5:15p Comp Techn. 6-8p	19 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p	20 Group Class Waltz 7:30-8:15p Ballroom Dance Social 8:15-9p	21 
22	23 Flirty Followers 8:15-9p Mondays 8:15-9PM	24	25 Comp Techn. 6-8p	26	27 COUNTRY WESTERN DANCE PARTY MARCH 27, 7:30 PM Country Western Group Class & Dance Party – 7:30-9p	28 Rehearsals
29	30 Intermediate/Advanced Bachata 7:30-8:15p Flirty Followers 8:15-9p	31 JR I/II Latin 5:15-6p Beginner/Intermediate Salsa 7:30-8:15p	Intermediate/Advanced Bachata begins Monday the 2 nd at 7:30pm Beginner/Intermediate Salsa begins Tuesday the 3 rd at 7:30pm New Adult Hip Hop Series begins Thursday the 5 th at 6:45pm Chicago Wolves Game Performance at Allstate Arena Saturday, March 7 th at 6pm Flirty Followers Formation begins Monday the 23 rd at 8:15pm			

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