



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Latin
Series
7:30-8:15p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Toddler & Me
(bi-weekly)
10-10:45am

Kinder
Ballet/Jazz 4:30-
5:05pm

JR I/II
Ballet/Jazz 5:15-
6pm

Technique
6:00-8:00p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Private Lessons
by Appointment

Competitive
Team Rehearsals

*Registered Group Dance Classes

*Drop-In Group Dance Classes



www.MoveTheBeat.com

Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com



[/MoveTheBeatChi](https://www.facebook.com/MoveTheBeatChi)



[@MoveTheBeatChi](https://www.tiktok.com/@MoveTheBeatChi)



[/MoveTheBeatChi](https://www.instagram.com/MoveTheBeatChi)


Hours of Operation
Monday – Saturday by Appointment

Move The Beat

January 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------|
| Intermediate/Advanced Bachata Series begins Monday the 5 th at 7:30pm Beginner/Intermediate Salsa Series begins Tuesday the 6 th at 7:30pm Hip Hop Dance Series begins Thursday the 8 th at 6:45pm Winter Exhibition Dress Rehearsal and Show the 24 rd & 24 th | | | New Youth Series Session II begins the week of the 27 th Red Night Group Class & Dance Party Friday the 30 th 7:30pm | | 1 Studio Closed – Lessons by Appointment Only | 2 Family Form. 5:15p Variety Group Class – Tango 7:30-8:15p Formation 8:15-9p | 3 Rehearsals |
| 4 | 5 Intermediate/Advanced Bachata 7:30-8:15 | 6 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa 7:30-8:15 | 7 Toddler & Me 10a Comp Techn. 6-8p | 8 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p | 9 Family Form 5:15p Variety Group Class – Rumba 7:30-8:15p Formation 8:15-9p | 10 Rehearsals | |
| 11 | 12 Intermediate/Advanced Bachata 7:30-8:15 | 13 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa 7:30-8:15 | 14 Comp Techn. 6-8p | 15 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p | 16 Family Form 5:15p Variety Group Class – Hustle 7:30-8:15p Formation 8:15-9p | 17 Rehearsals | |
| 18 | 19 Intermediate/Advanced Bachata 7:30-8:15 | 20 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa 7:30-8:15 | 21 Toddler & Me 10a Comp Techn. 6-8p | 22 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p | 23 Dress Rehearsal 4:30-7p | 24 Winter Exhibition 1-3:30p | |
| 25 | 26 Intermediate/Advanced Bachata 7:30-8:15 | 27 Latin I/II 5:15-6p Beginner/Intermediate Salsa 7:30-8:15 | 28 Kinder 4:30-5:15p JR I/II Ballet/Jazz 5:15-6p Comp Techn. 6-8p | 29 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p | 30 Red Night Group Class & Dance Party 7:30-9p | 31 Rehearsals | |

*Adult Series Group Dance Classes

 www.MoveTheBeat.com


Move The Beat
 691 Lee St. Des Plaines, IL 60016
 630.476.9535
Info@MoveTheBeat.com

*Youth Group Dance Classes

 /MoveTheBeatChi

 /MoveTheBeatChi


*Drop-In Group Dance Classes

 /MoveTheBeatChi


Hours of Operation
 Monday – Saturday by Appointment

Move The Beat


February 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------|-----------------------------------------------------------|------------------|
| 1 | 2 Intermediate/Advanced Salsa 7:30-8:15 | 3 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15 | 4 Toddler & Me 10a Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Comp Techn. 6-8p | 5 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p | 6 Variety Group Class – Hustle 7:30-8:15p | 7 Rehearsals |
| 8 | 9 Intermediate/Advanced Salsa 7:30-8:15 | 10 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15 | 11 Kinder 4:30-5:15p JR I/II Ballet/Jazz 5:15-6p Comp Techn. 6-8p | 12 JR I/II Hip Hop 5:15-6p Hip Hop Series 6:45-7:30p | 13 Valentine's Group Class & Dance Party 7:30-8:15p | 14 Rehearsals |
| 15 | 16 Intermediate/Advanced Salsa 7:30-8:15 | 17 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15 | 18 Toddler & Me 10a Kinder 4:30-5:15p JR Ballet/Jazz 5:15-6p Comp Techn. 6-8p | 19 JR I/II Hip Hop Hip Hop Series 6:45-7:30p | 20 Variety Group Class – Salsa 7:30-8:15p | 21 |
| 22  | 23 Intermediate/Advanced Salsa 7:30-8:15 | 24 JR I/II Latin 5:15-6p Beginner/Intermediate Bachata 7:30-8:15 | 25 Kinder 4:30-5:15p JR I/II Ballet/Jazz 5:15-6p Comp Techn. 6-8p | 26 JR I/II Hip Hop Hip Hop Series 6:45-7:30p | 27 Variety Group Class – Swing 7:30-8:15p | 28 Rehearsals |
| <p>Intermediate/Advanced Salsa Series begins Monday the 2nd at 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 3rd at 7:30pm Toddler & Me Dance Classes are 10am on Wednesday the 4th & 18th. All Levels Hip Hop Series begins Thursday the 5th at 6:45pm</p> <p>Valentine's Group Class & Dance Party is Friday the 13th at 7:30pm Kid's Artistic Review Dance Competition is the 21st thru the 22nd ***Save The Date*** Chicago Wolves Game Dance Performance Saturday, March 7th at 7pm</p> | | | | | | |

*Adult Series Group Dance Classes


 www.MoveTheBeat.com
 Move The Beat
 691 Lee St. Des Plaines, IL 60016
 630.476.9535
Info@MoveTheBeat.com

*Youth Group Dance Classes

 /MoveTheBeatChi

*Drop-In Group Dance Classes

 /MoveTheBeatChi

 /MoveTheBeatChi

Hours of Operation
 Monday – Saturday by Appointment