



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Salsa
Series
7:30-8:15p

Rueda de Casino
8:15-9p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Toddler & Me
10-10:45am

Competitive
Technique
6:00-8:00p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Drop-In Group
Class
7:30p-8:15p

Private Lessons
by Appointment

Competitive
Team Rehearsals

*Series/Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Saturday by Appointment

Move The Beat

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Adult Dance Formation begins Friday the 3 rd at 8:15pm Intermediate/Advanced Salsa Series begins Monday the 6 th at 7:30pm NEW Adult Hip Hop Series begins Thursday the 9 th at 6:45p Beginner/Intermediate Salsa Series begins Tuesday the 14 th at 7:30pm Toddler & Me Series begins Wednesday the 15 th at 10am Halloween Group Class & Dance Party is Friday the 24 th at 7:30pm			1 Toddler & Me 10a Comp Techn. 6-8p	2 Latin I/II 5:15-6p	3 Variety Group Class – Merengue 7:30-8:15p Formation 8:15-9p	4 Rehearsals
5	6 Intermediate/Advanced Salsa Series 7:30-8:15p Pop Up 8:15pm	7 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	8 Toddler & Me 10a Comp Techn. 6-8p	9 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	10 Variety Group Class – Foxtrot 7:30-8:15p Formation 8:15-9p	11 Rehearsals
12	13 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	14 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	15 Toddler & Me 10a Comp Techn. 6-8p	16 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	17 Variety Group Class – Rumba 7:30-8:15p Formation 8:15-9p	18 Rehearsals
19	20 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	21 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	22 Toddler & Me 10a Comp Techn. 6-8p	23 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	24 Halloween Group Class & Dance Party 7:30-9p	25 Rehearsals Kids' Halloween Party! 6-8pm
26 Turn It Up Dance Convention	27 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	28 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	29 Toddler & Me 10a Comp Techn. 6-8p	30 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	31 Studio Closed	Kids' Halloween Party the 25 th 6p Turn It Up Youth Dance Convention the 26 th Studio Closed the 31 st

*Adult Series Group Dance Classes

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*Youth Group Dance Classes

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*Drop-In Group Dance Classes

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Hours of Operation
 Monday – Saturday by Appointment

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November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Intermediate/Adult Salsa Series begins Monday the 3 rd at 7:30pm Beginner/Intermediate Bachata Series begins Tuesday the 11 th at 7:30pm New Toddler & Me begins Wednesday at 10am New Adult Hip Hop Dance Series begins Thursday the 13 th at 6:45pm Studio Opened by Appointment Only 26 th -30 th			Small Business Saturday Deal – Online Only Saturday 29 th ***SAVE THE DATES*** Des Plaines Tree Lighting Friday, December 5 th Blanc Winter Showcase Sunday, December 14 th Move The Beat Winter Exhibition Saturday, January 24 th			1 Rehearsals
2	3 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	4 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	5 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	6 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	7 Variety Group Class – Ballroom Night 7:30-8:15p Formation 8:15-9p	8 Rehearsals
9	10 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	11 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	12 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	13 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	14 Variety Group Class – Latin Night 7:30-8:15p Formation 8:15-9p	15 Rehearsals
16	17 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	18 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	19 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	20 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	21 Variety Group Class – Country Night 7:30-8:15p Formation 8:15-9p	22 Rehearsals
23 30	24 Intermediate/Advanced Salsa Series 7:30-8:15p Rueda de Casino 8:15-9p	25 Beginner/Intermediate Bachata Series 7:30-8:15p	26 Lessons By Appointment Only	27 	28	29 Rehearsals Small Business Saturday Deal – Online Only ALL DAY!!!!

***Adult Series Group Dance Classes**

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