



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Intermediate/
Advanced Salsa
Series
7:30-8:15p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Beginner/
Intermediate
Latin Series
7:30-8:15p

Private Lessons
by Appointment

Toddler & Me
10-10:45am

Kinder Dance
4:30p-5:15p

Competitive
Technique
6:00-8:00p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

Variety Group
Class
7:30p-8:15p

Private Lessons
by Appointment

Competitive
Team Rehearsals

*Series/Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
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Hours of Operation
Monday – Saturday by Appointment

Move The Beat


September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Intermediate/Advanced Salsa Series 7:30-8:15p	2 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	3 Toddler & Me 10a Kinder 4:30-5:05p JR I Ballet/Jazz 5:15-6p JR II Ballet/Jazz 6-6:45p *** Audition #2 ***	4 Latin I/II 5:15-6p	5 Variety Group Class – Bachata 7:30-8:15p	6
7	8 Intermediate/Advanced Salsa Series 7:30-8:15p	9 LATIN DANCE JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	10 Toddler & Me 10a Kinder 4:30-5:05p JR I Ballet/Jazz 5:15-6p JR II Ballet/Jazz 6-6:45p Comp Techn. 6:45-8:15p	11 Latin I/II 5:15-6p	12 End of Summer Group Class & Dance Party 7:30-9p	13 Rehearsals
14	15 Intermediate/Advanced Salsa Series 7:30-8:15p	16 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	17 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	18 Latin I/II 5:15-6p	19 Variety Group Class – West Coast Swing 7:30-8:15p	20 Rehearsals
21	22 Intermediate/Advanced Salsa Series 7:30-8:15p	23 JR I/II Hip Hop 5:15-6p	24 Kinder 4:30-5:05p Comp Techn. 6-8p	25 Latin I/II 5:15-6p	26 Variety Group Class – Tango 7:30-8:15p	27 Rehearsals
28	29 Intermediate/Advanced Salsa Series 7:30-8:15p	30 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	***Youth Dance 25/26 Season begins the week of the 2nd!*** Competitive Team Audition #2 Wednesday the 3rd 6:45-7:30pm Intermediate/Advanced Salsa begins the 8th at 7:30pm Beginner/Intermediate Bachata begins the 9th at 7:30pm Toddler & Me Dance Series begins the 10th at 10am End of Summer Group Class & Dance Party the 12th 7:30-9pm			



*Adult Series Group Dance Classes

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*Youth Group Dance Classes

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*Drop-In Group Dance Classes

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October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Adult Dance Formation begins Friday the 3 rd at 8:15pm Intermediate/Advanced Salsa Series begins Monday the 6 th at 7:30pm NEW Adult Hip Hop Series begins Thursday the 9 th at 6:45p Beginner/Intermediate Salsa Series begins Tuesday the 14 th at 7:30pm Toddler & Me Series begins Wednesday the 15 th at 10am Halloween Group Class & Dance Party is Friday the 24 th at 7:30pm			1 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	2 Latin I/II 5:15-6p	3 Variety Group Class – Merengue 7:30-8:15p Formation 8:15-9p	4 Rehearsals
5	6 Intermediate/Advanced Salsa Series 7:30-8:15p	7 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Bachata Series 7:30-8:15p	8 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	9 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	10 Variety Group Class – Foxtrot 7:30-8:15p Formation 8:15-9p	11 Rehearsals
12	13 Intermediate/Advanced Salsa Series 7:30-8:15p	14 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	15 TODDLER & ME Wednesdays 10-10:45am Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	16 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	17 Variety Group Class – Rumba 7:30-8:15p Formation 8:15-9p	18 Rehearsals
19	20 Intermediate/Advanced Salsa Series 7:30-8:15p	21 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	22 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	23 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	24 Halloween Group Class & Dance Party 7:30-9p	25 Rehearsals Kids' Halloween Party! 6-8pm
26 Turn It Up Dance Convention	27 Intermediate/Advanced Salsa Series 7:30-8:15p	28 JR I/II Hip Hop 5:15-6p Beginner/Intermediate Salsa Series 7:30-8:15p	29 Toddler & Me 10a Kinder 4:30-5:05p Comp Techn. 6-8p	30 Latin I/II 5:15-6p Hip Hop Series 6:45-7:30p	31 Studio Closed	Kids' Halloween Party the 25 th 6p Turn It Up Youth Dance Convention the 26 th Studio Closed the 31 st

***Adult Series Group Dance Classes**


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