



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

Adult Swing
Series
7:30-8:15p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Adult Latin
Series
7:30-8:15p

Private Lessons by
Appointment

Baby & Me 9-9:45am

Toddler & Me
10-10:45am

Kinder Dance
4:30p-5:15p

JR I/II Acro 6-6:45p

JR I/II Ballet
6:45-7:30p

Competition Team
7:30-8:30p

Private Lessons
by Appointment

JR I/II Hip Hop
5:15p-6p

Adult Hip Hop
Series
6:45-7:30p

Private Lessons
by Appointment

JR I/II Latin
5:15p-6p

Variety Group
Class
7:30p-8:15p

Private Lessons
by Appointment

*Series/Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Sunday by Appointment

Move The Beat

May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Swing Series begins the 6 th at 7:30pm Toddler & Me (16mo-2yrs) Series begins the 8 th at 10am Adult Hip Hop Series begins the 9 th at 6:45pm Jungle Fever Group Class & Dance Party the 17 th from 7:30-9pm Pom Squad Fitness 23 rd 6-6:45pm *** Summer Showcase June 1 st ***			1 Kinder 4:30-5:05p JR I/II Acro 6-6:45p JRI/II Ballet 6:45-7:30p Comp Team 7:30-8:30p	2 JRI/II Hip Hop 5:15-6p	3 JR I/II Latin 5:15-6p	4
5	 6 Swing Series 7:30-8:15p	7 JR I/II Latin 5:15-6p	 8 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Acro 6-6:45p JRI/II Ballet 6:45-7:30p Comp Team 7:30-8:30p	 9 Hip Hop JRI/II Hip Hop 5:15-6p Adult Hip Hop Series 6:45-7:30p	10 JR I/II Latin 5:15-6p Variety Group Class – Foxtrot 7:30-8:15p	11
12	13 Swing Series 7:30-8:15p	14 JR I/II Latin 5:15-6p	15 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Acro 6-6:45p JRI/II Ballet 6:45-7:30p Comp Team 7:30-8:30p	16 JRI/II Hip Hop 5:15-6p Adult Hip Hop Series 6:45-7:30p	 17 JR Latin 5:15-6p Jungle Fever Group Class & Dance Party 7:30-9p FRIDAY, MAY 17TH • 7:30-9PM	18
19	20 Swing Series 7:30-8:15p	21 JR I/II Latin 5:15-6p	22 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Acro 6-6:45p JRI/II Ballet 6:45-7:30p Comp Team 7:30-8:30p	 23 JR Hip Hop 5:15-6p PomSquad! 6-6:45p Adult Hip Hop Series 6:45-7:30p THURSDAY, MAY 23	24 JR I/II Latin 5:15-6p Variety Group Class – Rumba 7:30-8:15p	25
26	27 Swing Series 7:30-8:15p	28 JR I/II Latin 5:15-6p	29 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Acro 6-6:45p JRI/II Ballet 6:45-7:30p Comp Team 7:30-8:30p	30 JRI/II Hip Hop 5:15-6p Adult Hip Hop Series 6:45-7:30p	31 JR I/II Latin 5:15-6p Variety Group Class – West Coast Swing 7:30-8:15p	 1 love Summer Showcase! 1-3:30p an afternoon of student and staff performances at the Frankie Lake Theatre - 691 Lee Street St. Des Plaines Prepaid Single \$1000 - \$2000 Ticket Package \$5/Tickets \$20

*Adult Series Group Dance Classes

*Youth Group Dance Classes

*Drop-In Group Dance Classes

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June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Summer Showcase the 1 st from 1-3:30pm Youth Summer Session I begins the 4 th , 5 th & 6 th for ages 3-13yrs Adult Bachata Series begins Tuesday the 4 th at 7:30pm Baby & Me and Toddler & Me Series begins Wednesday the 5 th at 9am & 10am			Taste of Des Plaines Open House Event Saturday the 15 th beginning at 12pm Inferno Nationals Dance Competition 25 th -30 th (limited hours of operation) ***SAVE THE DATE*** Independence Day Parade Thursday, July 4th			
2	3	 4 JR I/II Latin 5:15-6p Bachata Series 7:30-8:15p	 5 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Jazz 5:15-6p JR I/II Contemporary 6 JRI/II Ballet 6:45-7:30p	6 JRI/II Hip Hop 5:15-6p	7 Variety Group Class – Tango 7:30-8:15p	8
9	10	11 JR I/II Latin 5:15-6 Bachata Series 7:30-8:15p	12 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Jazz 5:15-6p JR I/II Contemporary 6 JRI/II Ballet 6:45-7:30p	13 JRI/II Hip Hop 5:15-6p	14 Variety Group Class – Hustle 7:30-8:15p	 15
16	17	18 JR I/II Latin 5:15-6p Bachata Series 7:30-8:15p	19 Baby/Toddler Series Kinder 4:30-5:05p JR I/II Jazz 5:15-6p JR I/II Contemporary 6 JRI/II Ballet 6:45-7:30p	20 JR Hip Hop 5:15-6	21 Variety Group Class – Salsa 7:30-8:15p	22
23	24	25  JR I/II Latin 5:15-6p	26	27 JRI/II Hip Hop 5:15-6p	28	29
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