



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

JR I/II Latin
5:15-6p

Int/Adv Adult
Bachata Series
7:30-8:15p

Private Lessons
by Appointment

JR I Hip Hop
5:15p-6p

Adult Latin
Series
7:30p-8:15p

Private Lessons
by Appointment

JR II Hip Hop
5:15-6p

JR I/II Jazz
6-6:45p

JR II Ballet
6:45-7:45p

Private Lessons
by Appointment

Adult Hip Hop
Series
6:45p-7:30p

Private Lessons
by Appointment

Variety Group
Class
7:30p-8:15p

Private Lessons
by Appointment

*Series/Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Sunday by Appointment

Move The Beat


May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Adult Series begin the 1 st , 2 nd & 4 th !	1 JR I/II Latin 5:15-6p Int/Adv Bachata Series 7:30-8:15p	2 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p Adult Salsa Series 7:30-8:15p	3 JR II Hip Hop 5:15p JR I/II Jazz 6-6:45p JR II Ballet 6:45-7:30p Team 7:30-8:30p	4 Adult Hip Hop Series 6:45-7:30p	5 Variety Group Class – Swing 7:30-8:15p	6 <u>Headliners Dance</u> 
7 <u>Competition</u> 	8 JR I/II Latin 5:15-6p Int/Adv Bachata Series 7:30-8:15p	9 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p Adult Salsa Series 7:30-8:15p	10 JR II Hip Hop 5:15p JR I/II Jazz 6-6:45p JR II Ballet 6:45-7:30p Team 7:30-8:30p	11 Adult Hip Hop Series 6:45-7:30p	12 Variety Group Class – Salsa 7:30-8:15p	13
14	15 JR I/II Latin 5:15-6p Int/Adv Bachata Series 7:30-8:15p	16 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p Adult Salsa Series 7:30-8:15p	17 JR II Hip Hop 5:15p JR I/II Jazz 6-6:45p JR II Ballet 6:45-7:30p Team 7:30-8:30p	18 <u>MTB Night Out</u> Adult Hip Hop Series 6:45-7:30p Thursday, May 18 th Salsa & Bachata Night \$10 Cover MTB Night Out Alhambra Palace 8:30p	19 Variety Group Class – Tango 7:30-8:15p	20
21	22 JR I/II Latin 5:15-6p Int/Adv Bachata Series 7:30-8:15p	23 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p Adult Salsa Series 7:30-8:15p	24 JR II Hip Hop 5:15p JR I/II Jazz 6-6:45p JR II Ballet 6:45-7:30p Team 7:30-8:30p	25 <u>Pom Squad Fitness</u> Adult Hip Hop Series 6:45-7:30p Pom Squad Fitness 7:30p	26 Variety Group Class – Bachata 7:30-8:15p	27
28	29 Int/Adv Bachata Series 7:30-8:15p	30 Adult Bachata Series 7:30-8:15p	31 Team Pizza Party 7:30-8:30p	MTB Night Out Alhambra Palace on the 18 th at 8:30p Pom Squad Fitness w/Sarah the 25 th at 7:30pm New Adult Series begin the 29 th , 30 th & 1 st Summer Youth Dance Classes begin June 6 th & 7 th ***Save The Date for Summer Showcase June 4 th *** ***Save The Date for Taste of Des Plaines Open House Event June 17 th ***		

*Adult Series Group Dance Classes

*Youth Group Dance Classes

*Drop-In Group Dance Classes

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June 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Adult Hip Hop Series begins the 1 st at 6:45p Summer Showcase at Prairie Lakes Theatre the 4 th at 1p New Youth Summer Dance Session I begins the 6 th & 7 th All Things Disney Group Class & Dance Parry the 9 th at 7:30p Taste of Des Plaines Open House Event the 17 th at 2p				1 Adult Hip Hop Series 6:45-7:30p	2 Variety Group Class – Rumba 7:30-8:15p	3
4 Summer Showcase 1-3pm	5 Int/Adv Bachata Series 7:30-8:15p	6 JR I/II Latin 5:15-6p Adult Bachata Series 7:30-8:15p	7 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p JR II Hip Hop 6-6:45p JR I/II Jazz 6:45-7:30p JRI/II Ballet 7:30-8:30p	8 Adult Hip Hop Series 6:45-7:30p	9 All Things Disney Group Class & Dance Party 7:30-9p	10
11	12 Int/Adv Bachata Series 7:30-8:15p	13 JR I/II Latin 5:15-6p Adult Bachata Series 7:30-8:15p	14 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p JR II Hip Hop 6-6:45p JR I/II Jazz 6:45-7:30p JRI/II Ballet 7:30-8:30p	15 Adult Hip Hop Series 6:45-7:30p	16 Variety Group Class – Hustle 7:30-8:15p	17 Taste of Des Plaines Open House Event 2-6:30p
18	19 Int/Adv Bachata Series 7:30-8:15p	20 JR I/II Latin 5:15-6p Adult Bachata Series 7:30-8:15p	21 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p JR II Hip Hop 6-6:45p JR I/II Jazz 6:45-7:30p JRI/II Ballet 7:30-8:30p	22 Adult Hip Hop Series 6:45-7:30p	23 Limited Hours of	24 Operations
25	26	27 JR I/II Latin 5:15-6p	28 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p JR II Hip Hop 6-6:45p JR I/II Jazz 6:45-7:30p JRI/II Ballet 7:30-8:30p	29	30 Variety Group Class – Merengue 7:30-8:15p	

*Adult Series Group Dance Classes

*Youth Group Dance Classes

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