



Weekly Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Private Lessons
by Appointment

JR I Ballet
5:15-6p

JR I/II Latin
6-6:45p

Private Lessons
by Appointment

Kinder
Ballet/Jazz
4:30-5:05p

JR I Hip Hop
5:15p-6p

Adult Series
7:30p-8:15p

Private Lessons
by Appointment

JR II Ballet
5:15-6p

JR II Hip Hop
6-6:45p

Competitive
Team
6:45-7:45p

Private Lessons
by Appointment

Throwback
Thursdays
7:30-8:15p

Private Lessons
by Appointment

JR I/II Jazz
6-6:45p

Variety Group
Class
7:30p-8:15p

Private Lessons
by Appointment

*Series/Registered Group Dance Classes

*Drop-In Group Dance Classes



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Move The Beat
691 Lee St. Des Plaines, IL 60016
630.476.9535
Info@MoveTheBeat.com

Hours of Operation
Monday – Sunday by Appointment



December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Belly Dancing begins the 6 th at 7:30pm! *Poms Fitness Dance Class Tuesday the 14 th 6:45pm *Holiday Group Class & Dance Party Friday the 17 th 7:30pm *Studio will be opened for private lessons by appointment Tuesday the 21 st -26 th & Wednesday the 29 th – Sunday, January 2 nd *SAVE THE DATE – WINTER EXHIBITION Saturday, January 22 nd 1-3pm			1 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	2 Throwback Thursdays 7:30-8:15p	3 Drop In Group Class – Foxtrot 7:30-8:15p	4
5	6 JR I Ballet 5:15-6p Belly Dancing 7:30-8:30p	7 Kinder Ballet/Jazz 4:30-5:05p JR I Hip Hop 5:15-6p Adult Series 7:30-8:15p	8 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	9 Throwback Thursdays 7:30-8:15p	10 Drop In Group Class – Salsa 7:30-8:15p	11
12	13 JR I Ballet 5:15-6p	14 Kinder 4:30-5:05p JR I Hip Hop 5:15-6p Poms Fitness 6:45-7:30p Adult Series 7:30-8:15p	15 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	16 Throwback Thursdays 7:30-8:15p	17 Holiday Dance Group Class & Dance Party! 7:30-9p	18
19	20 Belly Dancing 7:30-8:30p	21	22	23	24	25
26	27	28 Adult Series 7:30-8:15p	29	30	31	

*Adult Series Group Dance Classes

*Youth Group Dance Classes

*Drop-In Group Dance Classes



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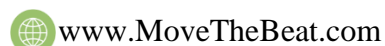
January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Bachata Series begins Tuesday, January 4 th at 7:30pm Belly Dancing Monday, January 10 th at 7:30pm Winter Exhibition Saturday, January 22 nd at 1pm at Prairie Lakes Theatre New Youth Classes begin the week of Monday, January 31 st MTB Night Out - TBD						1
2	3 JR I Ballet 5:15-6p	4 Kinder Ballet/Jazz 4:30-5:05p JR I Hip Hop 5:15-6p Adult Series 7:30-8:15p	5 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	6 Throwback Thursdays 7:30-8:15p	7 Drop In Group Class – Rumba 7:30-8:15p	8
9	10 JR I Ballet 5:15-6p Belly Dancing 7:30-8:30p	11 Kinder Ballet/Jazz 4:30-5:05p JR I Hip Hop 5:15-6p Adult Series 7:30-8:15p	12 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	13 Throwback Thursdays 7:30-8:15p	14 Drop In Group Class – Salsa 7:30-8:15p	15
16	17 JR I Ballet 5:15-6p	18 Kinder Ballet/Jazz 4:30-5:05p JR I Hip Hop 5:15-6p Adult Series 7:30-8:15p	19 JR II Ballet 5:15-6p JR II Hip Hop 6-6:45p	20 Throwback Thursdays 7:30-8:15p	21 Drop In Group Class – Tango 7:30-8:15p	22 Winter Exhibition 1-3p at Prairie Lakes Theatre
23	24 JR I Ballet 5:15-6p JR I/II Latin 6-6:45p	25 Adult Series 7:30-8:15p	26	27 Throwback Thursdays 7:30-8:15p	28	29
30	31					

*Adult Series Group Dance Classes

*Youth Group Dance Classes

*Drop-In Group Dance Classes



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